

May 2026

Put on the new self. Ephesians 4:24

You may get allergies and sneezing and watering eyes, but in the end, it is worth it because it is spring. Mid summer we may complain about mowing the grass, but that first cut with its smell and lush green blades and no dust is glorious, because it is spring. Things are fresh and new. The trees that stood as skeletons all winter long are being clothed with buds and blooms. Daffodils are some of first to push their way out of their wintery grave to give color to the once bleak landscape. The birds song fills the air which has stood silent for months and the long dark days of cold are lifted away on the breeze of their joyful tune.

The Christian life can be compared to spring. Seasons come and go but there is always “hope which does not put us to shame because God's love has been poured into our hearts through the Holy Spirit who has been given to us” (Rom. 5:5). We are made new. We see life where once death held its sway. We have a Savior. As the trees are adorned new and the flowers spring up to give joy, so do we embrace the new life we have in Christ. The dark, cold, season is gone because Jesus lives. He has swallowed up that which has sought to keep us in perpetual gloom and gives us a new song to sing.

“Put on the new self,” St. Paul says in Ephesians 4:24. This new self is the one created by God through His Holy Spirit. As the warm spring breeze makes the slumbering creation around you come alive, so also does the Holy Spirit come and breathe life into you revealing to you your Savior Jesus. The words of life He speaks awakens you to a new season, a new path. “Put off your old self,” the apostle says, “which belongs to your former manner of life... and be renewed” (Ephesians 4:22-23). Let go of the dead works and sins that seek to trap you in a perpetual winter of gloom and embrace the Light of the world which has come into your hearts. Sing a new song. The Lord of creation has chosen you to bring hope into a bleak landscape. You were created by Him and for Him. If the trees in their blossoms can captivate and signal to even the hardest of hearts the beauty of spring, then so shall Christians be adorned with blossoms of the new life in Christ that all should see in wonderment how Jesus can make all things new.

Let the gloomy winter of our past be warmed by the blood of our risen Savior and forever be gone no matter what season it is. Put on the new self and rejoice in the hope of God that does not put us to shame. Spring is here. The Lord is faithful. New life is ours!

In Christ,
Pastor Suggitt

LIFE QUOTE

If we want to save more Trinitarian-valued lives, then we need to knock a Humpty Dumpty way of thinking about words off the wall. We need to speak of the reality behind the word 'abortion' and use such a time as this to speak of the reality behind the Word made flesh to dwell among us and in us and for us. You have been called for such a time as this. *A Life Quote from Lutherans For Life* • lutheransforlife.org

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